

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Chrissie Williams, Practice Manager
Organisation	The Castle Practice
Address	Central Street, Ludgershall, Andover, SP11 9RA
Phone number	01264 790356
Email address	Nicky.scammell@nhs.net (managing the project)
	Christine.williams29@nhs.net (Practice
	Manager)

2. Amount of funding required from the Area Board:

£0 - £1000	£600
£1001 - £5000	
Over £5000 (please note – our grants will not normally exceed £5000)	

3.

4. Are you applying on behalf of a Parish Council?

Yes	
No	✓

5. If yes, please state why this project cannot be funded from the Parish Precept?

6. Project title?

Over 75s Health and Wellbeing Event

7. Project summary: (100 words maximum)

An opportunity to learn more about how aging affects our health, to have a long and healthy older age. This follows the successful pilot in 2018. As before, it is based on common ailments among the older population. These include tissue viability, becoming a carer for a partner or family member, Continence issues, the need to keep fit and what clubs / classes are available locally and so forth.

It will be a half day with 3 components based on issues presenting at GPs and also with Community health staff.

- 1. The event will start with short specific talks by clinicians and Age Concern, Carers Support
- 2. There will be specialist health staff with tables at the back of the hall where patients can find out more in confidence. (e.g continence, falls & balance, funded nursing care)
- 3. As part of this, there will be a related mini health fair with relevant groups such as our local dementia café, Age Concern, Parkinson's, Alzheimer, Carer Support etc.

Aimed at: Those turning 75 this year; over 75s who live within the Tidworth / Ludgershall area The sponsorship will help cover delegate packs, refreshments, expenses arising

8.	Which	Area	Board	are	you	appl	ying	to?
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Tidw orth	•
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9. What is the Post Code of the place where your project is taking place?

SP11 9RA (the local hall)	

10. Please tell us which themes best describe your project:

П		П	
_	Intergenerational projects	_	Heritage, history and architecture
~	Older People Support/Activities		Inclusion, diversity and community spirit
~	Carers Support/Activities		Environment, recycling and green initiatives
~	Promoting physical and mental wellbeing		Sport, play and recreation
~	Combating social isolation		Transport
	Promoting cohesive/resilient communities		Technology & Digital literacy
	Arts, crafts and culture		Other
~	Safer communities		

If Other (please specify)

I think it embraces aspects of more themes too

10. About your project

Please tell us about your project (a strong application will address all of the following):

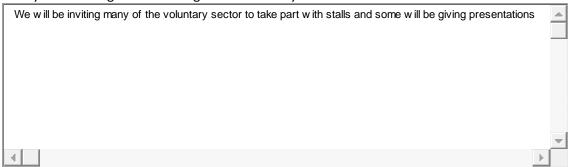
How does your project support local needs and priorities?

This will help older local people to - stay well and maintain fitness - understand what is happening to their bodies and how to maintain health - avoid falls - Have an opportunity to ask questions and seek reassurance over common health issues - Know where they can look for support; what is available locally - have an opportunity to meet and socialise with others	4
4	▼

How many people do you expect to benefit from your project?



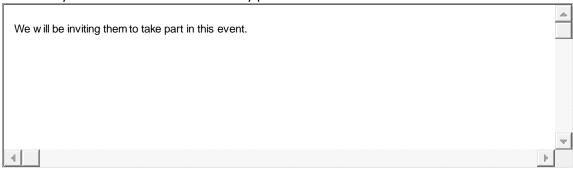
How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



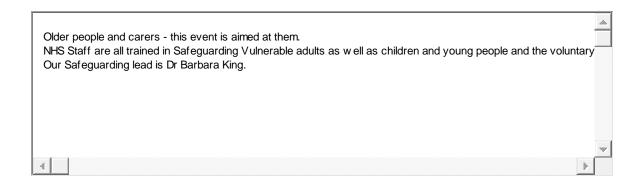
How will you work with other community partners?



11. Safeguarding

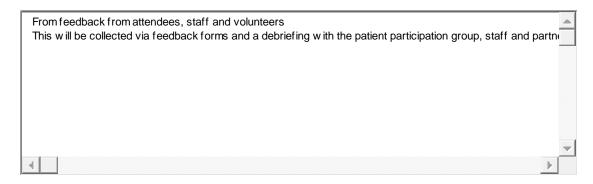
Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

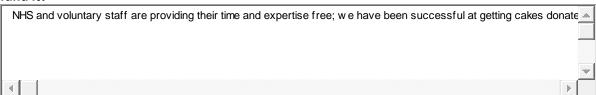


12. Monitoring your project.

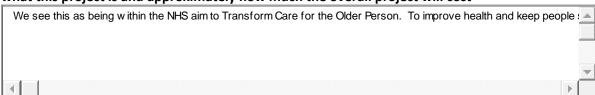
How will you know if your project has been successful? *required field



13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?



14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost



15.Finance:

15a. Your Organisation's Finance:

Your latest account	ts:	
Month	Year	¥
Total Income:		

Total Expenditure: £ Surplus/Deficit for the year:			
f			
Free reserves currently held: (money not committed to oth	her projects/opera	ating costs)	
Why can't you fund this proje	ect from your rese	rves:	
We are an NHS surgery and every	/ penny goes into provi	ding health care,	there is nothing over for extras
4			D
We are a small community	group and do no	t have annua	l accounts or it is our first year:
15b. Project Finance:			
Total Project cost	£ 900.00		
Total required from Area Boa	rd _f 600.00		
Expenditure £900.00	Income	£nil	Tick if income confirmed
NB. If your organisation reclaims VAT you should exclude VAT from the expenditure (Planned project costs help)	(Planned Incon	ne <u>help</u>)	
Total	Total		

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field

	\cup	Yes
	•	No
17		ase list which area boards you are intending to apply, including this one (You can apply to a imum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.
	Tid	lw orth
18	DEC	CLARATION
		porting information - Please confirm that the following documents will be available to inspect n request (You DO NOT need to send these documents to us):
	Quo	tes:
	▽ proje	I will make available on request 1 quote for individual project costs over £500 & 2 quotes for ect costs over £1000 (Individual project costs are listed in the expenditure section above)
	Proj	ect/Business Plan:
		For projects over £50,000: I will make available on request a project or business plan (including mates) for projects where the total project cost (as declared in the financial section above) eds £50,000 (tick only when total project cost exceeds £50,000).
	Acco	ounts:
		I will make available on request the organisation's latest accounts
	Cons	stitution:
		I will make available on request the organisation's Constitution/Terms of Reference etc.
	Polic	cies and procedures:
		I will make available on request the necessary and relevant policies and procedures such as Child ection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and ronmental assessments.
		er supporting information (Tick where appropriate, for some project these will not be licable):
		I will make available on request evidence of ownership of buildings/land
		I will make available on request the relevant planning permission for the project.
	□ rece	I will make available on request any other form of licence or approval for this project has been ived prior to submission of this grant application.
	And	finally
	V	I confirm that the information on this form is correct, any award received will be spent on the

activities specified.